



ZENITH CARDIOLOGY

PATIENT NAME:

ADDRESS:

DOB:

PHONE:

EMAIL:

GP & SPECIALIST REFERRAL

- 1 **CARDIAC CONSULTATION**
- 2 **MOBILE CARDIOLOGY SONOGRAPH**
- 3 **24 HOUR BLOOD PRESSURE MONITOR**
- 4 **EXERCISE STRESS TESTING** (11729 OR 11730)
REBATABLE ONCE EVERY 2 YEARS
- 5 **12-LEAD ECG (REPORTED)** (11704). NO CLAIM LIMIT.
- 6 **HOLTER MONITORING** (11716)
*PLEASE TURN OVER TO COMPLETE THE RELEVANT INDICATION
GUIDE BY TICKING A, B, C, D OR E. REBATABLE ONCE EVERY 4 WEEKS.
- 7 **EXERCISE STRESS ECHOCARDIOGRAM** (55141)
REBATABLE ONCE EVERY 2 YEARS.
- 8 **ECHO – INITIAL COMPREHENSIVE** (55141)
REBATABLE ONCE EVERY 2 YEARS
- 9 **SERIAL ECHO PERICARDIAL DISEASE / CARDIOTOXICITY** (55133).
NO CLAIM LIMIT.
- 10 **SERIAL ECHO PERICARDIAL DISEASE / CARDIOTOXICITY** (55133).
NO CLAIM LIMIT.

SPECIALIST REFERRAL ONLY

- 11 **SERIAL ECHO – VALVULAR DISEASE** (55127) (BULK BILLING).
NO CLAIM LIMIT.
- 12 **SERIAL ECHO – STRUCTURAL HEART DISEASE** (55129) (BULK
BILLING). NO CLAIM LIMIT.
- 13 **REPEAT EXERCISE STRESS ECHO** (55143) (BULK BILLING).
REBATABLE ONCE EVERY 12 MONTHS. ITEMS 5-14 BULK BILLED TO ALL
ELIGIBLE PENSIONERS AND HEALTHCARE CARD HOLDERS (SUBJECT TO
REVIEW)

REFERRING DOCTOR DETAILS (STAMP)

DATE:

SIGNATURE:

APPOINTMENT DATE:

CLINICAL DETAILS

(Referrals accepted via fax, phone and medical objects.
Bulk billing available on request from referring doctor.)

GROUND FLOOR, 105 UPTON STREET, BUNDALL, QLD, 4217

P 07 5531 5523 F 07 2142 5996

TEST INFORMATION

12-LEAD ECG (REPORTED)

DURATION: 5-10 MINUTES

PREPARATION: NO PREPARATION REQUIRED.

24-HOUR HOLTER MONITOR

DURATION: APPROXIMATELY 20 MINUTES TO FIT.

THE MONITOR IS THEN RETURNED THE NEXT DAY PREPARATION: CLEAN, DRY SKIN IS REQUIRED. YOU CANNOT SHOWER WHILST THE MONITOR IS FITTED AND THEREFORE IT IS RECOMMENDED YOU SHOWER PRIOR TO YOUR APPOINTMENT.

24-HOUR BLOOD PRESSURE MONITOR

DURATION: APPROXIMATELY 20 MINUTES TO FIT. THE MONITOR IS THEN RETURNED THE NEXT DAY.

PREPARATION: YOU CANNOT SHOWER WHILST THE MONITOR IS FITTED AND THEREFORE IT IS RECOMMENDED YOU SHOWER PRIOR TO YOUR APPOINTMENT.

ECHOCARDIOGRAM

DURATION: APPROXIMATELY 40 MINUTES.

PREPARATION: NO PREPARATION REQUIRED.

EXERCISE STRESS TEST

DURATION: APPROXIMATELY 40 MINUTES TO FIT.

PREPARATION: NO CAFFEINE OR SMOKING 3 HOURS PRIOR TO TEST. WEAR TWO-PIECE CLOTHING AND FOOTWEAR SUITABLE FOR WALKING ON A TREADMILL. BRING A FULL LIST OF MEDICATIONS YOU ARE TAKING.

EXERCISE STRESS ECHOCARDIOGRAM

DURATION: APPROXIMATELY 60 MINUTES.

PREPARATION: NO CAFFEINE OR SMOKING 3 HOURS PRIOR TO TEST WEAR TWO-PIECE CLOTHING AND FOOTWEAR SUITABLE FOR WALKING ON A TREADMILL. BRING A FULL LIST OF MEDICATIONS YOU ARE TAKING.

(I) INDICATION GUIDE FOR STRESS ECHOCARDIOGRAM

- A CHEST/NECK/SHOULDER/JAW/ARM PAIN OR DISCOMFORT CONSISTENT WITH SUSPECTED ANGINA.
- B KNOWN CAD WITH WORSENING SYMPTOMS/SUSPECTED ISCHAEMIA
- C UNEXPLAINED BREATHLESSNESS
- D ECG CHANGES SUGGESTIVE OF ISCHAEMIA
- E ASSESS THE FUNCTIONAL SIGNIFICANCE OF CORONARY DISEASE DETECTED ON ANGIOGRAPHY (CT OR INVASIVE)
- F PREOPERATIVE ASSESSMENT OF A PATENT CONSIDERED HIGH RISK (POOR FUNCTIONAL CAPACITY, KNOWN CAD, HEART FAILURE, RENAL DYSFUNCTION DIABETES AND ON INSULIN
- G ASSESSMENT OF VALVULAR DISEASE TO AID IN A DECISION REGARDING SURGICAL INTERVENTION
- H SUSPECTED SILENT MYOCARDIAL ISCHAEMIA
- I OTHER

(II) INDICATION GUIDE FOR ECHOCARDIOGRAM (INITIAL)

- A HYPERTENSION PATIENTS - TO RULE OUT VENTRICULAR HYPERTROPHY
- B SIGNS OF SYMPTOMS OF CARDIAC FAILURE
- C SUSPECTED OR KNOWN VENTRICULAR DYSFUNCTION, HYPERTROPHY OF PULMONARY HYPERTENSION
- D DISEASES OF THE VALVES, AORTA OR PERICARDIUM THROMBOTIC OR EMBOLIC DISEASE
- E HEART TUMOUR/SUSPECTED CONGENITAL HEART DISEASE
- F OTHER

(III) INDICATION GUIDE FOR HOLTER MONITORING

- A SYNCOPE / DIZZY SPELLS
- B PALPITATIONS OCCURRING MORE THAN ONCE A WEEK
- C SUSPICION OF ASYMPTOMATIC ARRHYTHMIA
- D SURVEILLANCE POST SURGICAL PROCEDURES
- E INVESTIGATION POST CVA OR TIA
- F OTHER

FOR A COMPREHENSIVE LIST OF ALL ELIGIBLE INDICATIONS FOR EACH TESTING PROCEDURE PLEASE REFER TO WWW.MBSONLINE.GOV.AU